

# WHAT'S SAFE FOR LUNCH?

PLACE A CHECKMARK ON THE FOODS THAT WOULD NOT CONTAIN EGGS OR WHEAT



**Egg**



**Wheat**



DONUT



APPLE



YOGURT



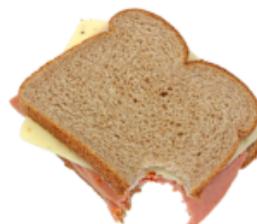
GRANOLA BAR



COOKIE



PINEAPPLE



SANDWICH



BANANA